

**Sexually Transmitted Infections**

One way to help your group learn about sexually transmitted infections (STIs) is to get them to do a little research. Aside from the content, they will also learn about where they can go if they have questions about these topics.

Divide the group into smaller groups (no more than 4 or 5 per group). Assign one ‘infection’ per group, or allow the groups to choose their own. Give the groups specific questions to answer on each topic (below). You can also give them some direction for their research, e.g., websites, factsheets, pamphlets, recommended books, community resources). **Answers can be found on our website by clicking on the appropriate link to the STI for more information:** [**http://ottawa.ca/en/health\_safety/sexual/sti\_std/index.html**](http://ottawa.ca/en/health_safety/sexual/sti_std/index.html)

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| Sexually Transmitted Infections(STIs) |
| **Topics to be assigned:** HIV/AIDS, chlamydia, gonorrhea, herpes, human papilloma virus, Hepatitis B, syphilis  **Questions to be answered:**   1. How is the infection passed from one person to another? 2. What effects does this infection have on the body? Are there differences for men and women? 3. How would someone know if they had this infection? 4. Can this infection be cured? How is it treated? 5. How can this infection be prevented? 6. Where could someone go for help and/or more information? |

Follow up by having the groups present their findings to each other. Encourage them to make their presentations more visual for their audience with posters, pamphlets, graphics, skits, etc. (the activity could be extended into art, where participants could create posters which included a ‘prevention’ message). Ensure that the group receives information about where youth can go for help and information on these topics.



**Sexually Transmitted Infection:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**



**Research Questions:** (you will probably need more space than is available on this page.)

1. How is the infection passed from one person to another?
2. What effects does this infection have on the body? Are there differences between men and women?
3. How would someone know if they had this infection?
4. Can this infection be cured? How is it treated?
5. How can this infection be prevented? (List several ways).
6. Where could someone go for help and/or more information? (List more than one place.)

You will present your research assignment with your group to the rest of the class. You can make your presentation more interesting by creating a poster with a ‘STI prevention’ message, or one that gives information on the infection you’ve been working on. You might also like to do a short skit that may give information, describe a situation, or illustrate some of the decisions that people make. Use your imaginations to make your presentation a memorable one!